

Dear Consumer:

Concepts of Independence has been offered approximately 200 slots by VNS of NY for **YOU and YOUR PAs** to be given the Moderna COVID-19 vaccine. If you and/or your PAs would like to receive a COVID-19 vaccination, pay careful attention to the instructions below.

The vaccinations will be given at the VNS offices at:

220 E 42nd St (between 2nd and 3rd Avenue) on the scheduled day

The shots will be given out between 8AM and 4PM on Thurs 3/4/21, Fri 3/5/21 and Sat9 3/6/21.

You will need to bring some form of ID with you. The second dose will be scheduled four weeks later (4/1, 4/2 and 4/3) and you'll be emailed a number to call to reschedule, if needed.

There are 2 steps in order to register for the vaccine:

STEP 1:

For **each Consumer** and **each PA** that you would like to schedule, please complete the following information, and return it to covid19@coiny.org. Please return the required information as soon as possible, **but no later than Monday 3/1/21 at 5PM. This will be on a first come, first serve basis.**

First Name:

Last Name:

Date of Birth:

Gender (Check one): Male _____ Female _____

Language (Check one): English____ Spanish____
Mandarin____ Cantonese____ Russian____ Other____

Race (Check one): Asian____ Black/African American____ Native
Hawaiian/Pacific Islander____ Other Race____ Prefer Not to Answer____ Two or
more races____ White____ Unknown____

Ethnicity (Check one): Hispanic or Latino___ Not Hispanic or Latino___ Unknown___

Address: City: State: Zip:

Phone: Email (can use Consumer's):

STEP 2:

You need to select a time slot to have the vaccine administered to you. Since slots will fill up, please give us three choices of a time slot for your appointment. **Please put a "1" in your preferred time slot, put a "2" with your second choice and put a "3" with your third choice.**

YOU WILL RECEIVE AN EMAIL WITH THE DATE AND TIME OF THE APPOINTMENT

	8AM	9AM	10AM	11AM	12Noon	1PM	2PM	3PM
Thurs 3/4/21	___	___	___	___	___	___	___	___
Fri 3/5/21	___	___	___	___	___	___	___	___
Sat 3/6/21	___	___	___	___	___	___	___	___

In case you're interested, here is a video that provides an overview of the experience at our vaccination clinic.

<https://frontline.vnsny.org/video-getting-vaccinated-at-vnsny/>

VNSNY administers the Moderna vaccine. Below are some answers to FAQs that often come up in scheduling discussions.

Should I get the COVID vaccine?

The vaccine has been proven to be very safe, and it is also proven to protect people from getting sick with COVID-19. We are strongly encouraging eligible individuals to be vaccinated, to protect themselves, their families, and the general public. If you have specific questions about your particular situation, you should consult with your doctor.

Is the vaccine safe?

Yes, both the Pfizer and Moderna vaccines are very safe. The vaccine does not contain any actual virus, so it can't make you sick. Most people feel fine after getting the vaccine shot. You may feel some soreness in your arm, and possibly a tired feeling or even a slight fever. But these side effects disappear in a day or two. They are actually a sign that your immune system has been kicked into action.

How does the vaccine protect me against getting sick from COVID?

The vaccine tricks your body into thinking you have the COVID virus. This kicks your immune system into action to fight COVID. Then if you're exposed to the actual COVID virus after you've been vaccinated, your immune system will attack the virus and destroy it, so the virus can't make you sick.

Why do people need to get two shots of the Moderna vaccine?

The first shot of the vaccine kicks your immune system up to a certain level. Then the second booster shot kicks your immune system to an even higher level. It's very important that you get both shots of the same vaccine, so you are fully protected. The second shot is given 4 weeks after the first shot.